



July 14, 2011

Health Department to start breastfeeding peer group

Lawrence-Douglas County Health
Department Communications

A new peer group, B.I.B.S. (Breast is Best Social), for women seeking to learn about breastfeeding, will begin in August at the Lawrence-Douglas County Health Department.

The first meeting will be at **6:30 p.m. Wednesday, Aug. 3** at the Health Department, 200 Maine St. in Lawrence.

The first 20 women attending the Aug. 3 meeting will each receive a \$25 voucher to redeem at The Perfect Fit, Lawrence Memorial Hospital's breastfeeding supply shop.

The group will meet at **6:30 p.m. every Wednesday** at the Health Department. Both pregnant women seeking information and women currently breastfeeding are encouraged to attend to learn and share their experience.

The free group is facilitated by certified breastfeeding counselors and is held in a relaxed, come-as-you-are environment.

Attend as often as you like. For more information on B.I.B.S., go to the Health Department's website at www.ldchealth.org, look for Douglas County Breastfeeding Connection on Facebook or call **843-3060**.