

| 2009-10 Kansas Middle School After School Activity Advancement Grant (KMSA) | | | | |
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| The Zone | | | | |
| 2009-10 AFTER SCHOOL PROGRAM | | | | |
| | Proposed Activities | Outcomes (include percentages) | How outcomes will be measured | When outcomes will be measured |
| Physical Activity: | The Game Zone: Wii active games such as bowling, dance, golf, tennis, etc. | 90% (45/50) of participants will get 30 minutes of physical activity each day during the program. <ul style="list-style-type: none"> Although we will strive for and expect 100% of participants to participate in a physical activity each day, there may be days that certain students aren't feeling well or have some kind of activity restraint imposed by a medical advisor. | Daily Sign-in / participation that is part of our attendance-tracking | Daily |
| | The Conditioning Zone: stretching, breathing, weights, 'brain gym' | 80% (40/50) of participants will learn a new lifelong (something that they can do anywhere, any time and at any age) physical activity skill. (Skating, aerobics, soccer, etc.) <ul style="list-style-type: none"> Although we will create an incentive program that encourages and expects 100% of participants to participate in a variety of physical activities to learn something new, it is possible that: <ul style="list-style-type: none"> some will say they know all the activities some will decline to participate in something new and only participate in a few, known favorites some may attend infrequently or attend short-term | A periodic student survey will ask participants about goals, new skills, accomplishments, integration of academics and activities, and satisfaction levels. | Quarterly |
| | The Fit Zone: GPS-guided walking, scavenger hunts, treasure maps, etc. to learn navigation, teamwork while walking; other cardio activities | | | |
| | The Green Zone: Gardening, landscaping and 'goin' green' | | | |

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| <p>Career and higher learning opportunities:</p> | <p>Johnson County Community College tour; Technical School tours</p> <p>JCCC and area college speakers; Family Resource Center workshop for parents in tandem with speaker for students.</p> <p>Application completion for higher education</p> <p>Job application completion</p> <p>Career pipeline research and speaker sign-up</p> | <p>75% (37/50) of participants will be exposed to post-secondary education options through college, technical school and other trade school tours.</p> <ul style="list-style-type: none"> ○ <i>All students will be invited and encouraged to tour; however 6th grade participants may not gain permission or have interest yet. Some students may attend infrequently or attend short-term and miss touring opportunities.</i> <p>60% (30/50) of participants will learn about post-secondary education options through community speakers.</p> <ul style="list-style-type: none"> ○ <i>All students will be invited; however 6th grade participants may not have interest yet; some short-term or infrequent attendees may miss speaker opportunities.</i> <p>75% (37/50) of participants will learn how to complete a college or higher education application.</p> <p>80% (40/50) of participants will learn how to complete a job application.</p> <p>75% (37/50) of participants will learn about 2 new career options through speakers and research.</p> | <p>Attendance will be taken for every event and/or speaker presentation and compared against enrollment.</p> <p>Group leaders will review college and job applications and record their completion in attendance records.</p> <p>Career pipeline records/printouts plus a periodic student survey will ask participants about interests, event/speaker participation and satisfaction levels</p> | <p>Attendance taken daily with events and speakers noted.</p> <p>Quarterly review of records to see who has completed and who may still need help.</p> <p>Quarterly review and survey.</p> |
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| <p>Academic Enrichment:</p> | <p>Homework Zone: tutoring available every day</p> <p>Lifeskills curriculum; science curricula for renewable energy/ recycling; reading competitions and book clubs; financial literacy curricula</p> <p>Incorporating health, science and math into fitness component, nutrition and science into gardening and fitness, math into financial literacy and goal-setting.</p> | <p>75% (37/50) of participants will report completing homework during the program. <i>Not all students who attend ASP will need homework help.</i></p> <p>75% (37/50) of participants will report working on an academic skill (math, reading, science, etc.) each day of the program. <i>Academics will always be part of the offerings, but not all students will readily recognize or report that.</i></p> <p>75% (37/50) of participants will learn how to incorporate academics into their everyday activities. <i>Not all students will recognize when they are using academic skills in everyday activities; not all students will be consistent 'attendees' to build this skill.</i></p> | <p>Daily attendance will record which participants used the lab/tutors, and what groups or offerings they participated in.</p> <p>A periodic student survey will ask participants about goals, accomplishments, academic skills, participation, integration of academics and activities, and satisfaction levels.</p> | <p>Daily</p> <p>Quarterly</p> |
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