



# EUDORA CHORAL DEPT. PRACTICE LOG



Full Name: \_\_\_\_\_

Circle your hour: 1<sup>st</sup> 3<sup>rd</sup> 4<sup>th</sup> 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup>

Areas of emphasis for home practice.

- A. Warm-ups
- B. Breathing/ Breath Support
- C. Sight-reading
- D. Music from folder
- E. Intonation
- F. Great Listening

I am aware that my child has completed his/her home vocal music practice for this turn-in period.

\_\_\_\_\_

**Parent Signature**

\_\_\_\_\_

**Date**

**Due Date: Wednesday \_\_\_\_\_**

*“Good, better, best: Never let it rest! Until your good is better; and your better, best!”*

**Home Practice Requirement:**

1<sup>st</sup>, 4<sup>th</sup>, 7<sup>th</sup> hours: 40 minutes (about 5-8 minutes per day)

3<sup>rd</sup>, 5<sup>th</sup>, 6<sup>th</sup> hours: 80 minutes (about 10-16 minutes per day)

Practice Record for the week of: \_\_\_\_\_

DAY	Minutes Practiced	Area(s) of Emphasis (see above and back of sheet)
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
Monday		
Tuesday		
Wednesday		
<b>TOTAL MINUTES:</b>		Areas you or your choir still need to work on:

Important Notes:

1. Practice Logs are due every Wednesday.
2. If you miss the due day, you may have until Friday to get it turned in (late points deduction applies unless you were absent).
3. If you do not get it in by Friday, you may still earn points, but instead of a written practice log, you must sing one song (director choice) for the score. This must be done before or after school.
4. You may choose to sing for the score (before or after school) instead of completing a written practice record at any time during each week.
5. Practice records and points more than one week late may only be made up at the director's discretion (I am not trying to be mean, but my time is limited).
6. You may turn in extra practice time for any missed rubric point(s) for any excused absences/tardies from class. One-half point for each minute practiced will be awarded. (Each day on the rubric is worth 15 points, so you would need 30 min. of practice.) Mark this on the days you practice, with the extra evident in the total minutes for the week.



# EUDORA CHORAL DEPT. PRACTICE LOG



## Home Practice Choices

### Section A: Warm-ups

1. Cee-Ahs
2. 99 Nuns in an Indiana Nunnery; Millions of Monks in a Minnesota Monastery; Nine New Neckties and a Nightshirt and a Nose (Tongue Twister Extraordinaire!)
3. Major scales on solfege with handsigns
4. Major scales on staccato “ha” sound. (Any vowel will work, just start with the “h” consonant.
5. 1, 121, 12321, 1234321, etc., or try solfege (D, DRD, DRMRD, DRMFMRD, etc.)
6. Hung-Nees (focus sound in front of facial mask in the ‘ng’ then open to the ‘ee’ vowel. Experiment with opening to the “Ah” vowel.
7. Vowel exercises using the vowels “Ah-Eh-Ee-Oh-Oo”. Put any consonant in front of the vowel.
8. Flexibility Exercises like “Zee-----Ah-----” (arpeggios), Bibity Bobity, Skips of 3rds with staccato articulation, etc.
9. Octave Vowels: Ah-Eh-Ee-Oh-Oo” on low Do, high Do, and back to Do

### Section B: Breathing/Breath Support/Phrasing

1. Singing on counts (123456789...) go farther each time
2. My Country ‘Tis of Thee – work up to moderate tempo on one breath
3. Hiss, with or without pulsation, measures of counts; increase numbers each time
4. Mrs. Shady – add days of the week sequences for difficulty.
5. One Tin Soldier – use appropriate musical phrasing
6. Any breath support exercises you know from class

### Section C: Sight Singing

1. Use your textbook sight-singing book for examples and exercises.
2. Sight-read hymns out of a hymnal or some other similar songbook.
3. Write your own exercises to practice intervals that are hard for you (re-fa, etc.)

### Section D: Rehearse music from the folder

1. Use music from your folder for the next concert. Practice difficult parts on count singing, solfege, or words.
2. Work to pronounce foreign languages.
3. Memorize music you have mastered.

### Section E: Intonation

1. Sing “My Country ‘Tis of Thee”, skipping every other word. Maintain accurate tuning through the silences. Use any other song you want to.
2. Sing Major Scales on numbers or solfege and leave out chosen scale degrees.

### Section F: Great Listening

1. Choose a great music listening selection from your home music library, Eudora Public Library, or online. Listen and enjoy. (Selection criteria: choose music of classical/trained/educated background like Beethoven, Bach, Rutter, etc. or other music from composers we are studying. Do not include personal listening of mass appeal type of music.) You may include up to 50% of your home practice from this category.