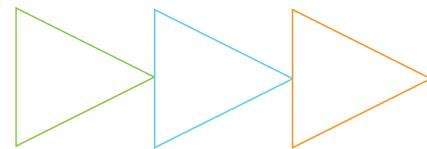


Family Road Map for Kindergarten



An overview of your child's academic, social and emotional growth, courtesy of Eudora Elementary School

Academic Top 5

Here are some of the things your child will learn in kindergarten. If you'd like more details, contact your child's teacher, or visit www.eudoraschools.org/empower to see a generic copy of the kindergarten report card.

1. **Math** Writing numbers 0-20, orally counting to 100 by 1s (1, 2, 3...) and by 10s (10, 20, 30...), shapes, and fluent addition and subtraction with numbers 0-5.
2. **Reading:** Rhyming sounds, capital and lowercase letters and sounds. Reading and writing simple consonant-vowel-consonant words (rug, dad, pot) and high-frequency "sight" words. Story elements, such as author/illustrator, character and setting.
3. **Handwriting:** Capital and lowercase letters, simple sentences and numbers.
4. **Science:** Growth cycle of plants, push and pull and weather.
5. **Social studies:** Being a good citizen and basic economics, such as understanding *wants* versus *needs*.

Social emotional skills & behavior

Here are some of the developmental skills and phases that are typical at this age:

- Social emotional skills are an important part of the Eudora curriculum. In kindergarten, students learn ways to understand and recognize their emotions, steps for solving problems and skills for working together.
- Kindergartners are very literal and typically accept adult rules as absolute and unbendable. But they often will shift between phases of caution/compliance and experimentation/opposition. This is normal.
- It can be frustrating, but lying is a normal behavior at this age because boundaries between reality and imagination aren't completely formed. Gentle reminders should reinforce how important it is to be honest.
- Healthy choices in life are so important — and parents are the single biggest influence! Talk about the different things that can be put in a body, including medicine, vitamins, alcohol and other drugs. Remind your child that some medicines and vitamins may seem like candy, but to only take the amount that a doctor or parent provides — and never take something that they find, or that they are given by a friend or stranger.



COOL things about kindergarten

Kindergartners are unique! Here are a few of the many things that make this age special...

- Kindergarten is a BIG DEAL for kids — eating lunch at school, checking out library books, having two recesses and going to specials (P.E., music and computers).
- Imagination Station is where Eudora kindergartners can have fun practicing social skills through play!
- Eudora kindergartners celebrate Dr. Seuss' birthday each year by eating green eggs and ham at school!
- The 100th day of school (usually in February) is a big celebration—and supports number learning and practice.
- Making applesauce is a special project that kindergarten classes enjoy every year, bringing together a chance to develop science, nutrition and social skills.
- Kindergarten is a time of immense social interest — and the perfect opportunity to practice important empathy skills through cooperation and caring for others. If your child is regularly not interested in playing with other children, or if he or she gets upset when rigid routines aren't followed, contact us to learn about the resources we have at school.

Questions?

If you have questions, or believe your child might benefit from more support in any area of learning and growth, here are some resources:

- **Your student's teacher** is a great first checkpoint if you have questions or concerns about academic progress or experiences at school.
- **Our school principals** are a good resource if you have concerns or questions about your child that extend beyond the classroom or aren't able to be resolved with your child's teacher.
- If your student seems to be struggling with social and emotional skills or is going through a stressful time with family or friends, our **WRAP worker (mental health professional) or school counselors** can help. You can reach these professionals by calling the school office.