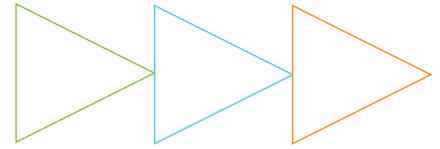


Family Road Map for Preschool



An overview of your child's academic, social and emotional growth, courtesy of Eudora Schools

Academic Top 5

Here are some of the things that preschool students learn each year.

1. **Social / emotional skills:** These skills, built throughout childhood and beyond, are essential in school and life. They include solving problems, managing emotions and working in a team, among others.
2. **Adaptive development:** For early childhood students, this progress includes learning to dress/undress themselves, feed themselves, tend to toileting and grooming and understanding appropriate behavior in different settings.
3. **Communication:** In addition to speech and language skills, students also learn how to communicate their needs and ideas with kindness and respect.
4. **Motor skills:** Fine motor skills involve small movements, such as eating with a fork or drawing with a pencil. Gross motor skills involve large movements, such as running, climbing, jumping and balancing.
5. **Pre-academics:** Preschool activities build skills that eventually lead to academic learning, such as writing, reading and math.

Social emotional skills & behavior

Here are some of the developmental skills and phases that are typical at this age:

- Most preschoolers love to play games with peers and adults. By age 3 or 4, most children can follow simple rules, but it's normal for them to always want to win. This is a chance for adults to model how to calmly handle losing or experiencing bad luck in a game.
- While preschoolers are often independent and defiant, it's also natural at times for them to want close attachment to parents. Fears are normal, especially as a preschooler becomes more independent in the world. If fears or extreme attachment to a parent are interfering with normal activities, talk to your child's teacher for ideas or resources at school that can help.
- Preschoolers tend to have wonderful imaginations! Dramatic play is typical at this age, and children often act out elaborate stories or play make-believe games.
- Understanding fairness and learning to take turns is an important milestone for preschool students. Play time is a perfect opportunity to practice these skills, including how to manage emotions when things aren't fair.



COOL things about preschool

Preschoolers are unique! Here are a few of the many things that make this age special...

- Learning is happening all the time — preschoolers' minds are growing like crazy! They are full of questions and are typically fascinated by the world around them.
- Play time is how we learn! There are so many important skills for preschoolers to learn, but our instructors teach them using rich experiences in a fun, hands-on curriculum.
- School is new and exciting! Preschoolers in Eudora get their first taste of the school environment in our school-based program. A positive, meaningful preschool experience can help a student thrive in kindergarten and beyond.
- Making new friends is a big part of your preschooler's life. It's the perfect opportunity to begin learning important empathy skills through cooperation and caring for others. If your child is regularly not interested in playing with other children, or if he or she gets upset when rigid routines aren't followed, contact us to learn about the resources we have at school.

Questions?

If you have questions, or believe your child might benefit from more support in any area of learning and growth, here are some resources:

- **Your student's teacher** is a great first checkpoint if you have questions or concerns about academic progress or experiences at school.
- **Our school principals** are a good resource if you have concerns or questions about your child that extend beyond the classroom or aren't able to be resolved with your child's teacher.
- If your student seems to be struggling with social and emotional skills or is going through a stressful time with family or friends, our mental health team can help. You can reach these professionals by calling the school office.