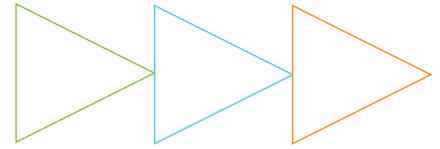


# Family Road Map for First grade



An overview of your child's academic, social and emotional growth, courtesy of Eudora Elementary School

## Academic Top 5

Here are some of the things your child will learn in first grade. If you'd like more details, contact your child's teacher, or visit [www.eudoraschools.org/empower](http://www.eudoraschools.org/empower) to see a generic copy of the first grade report card.

1. **Math:** Addition and subtraction fluency, strategies for solving word problems and place values for tens and ones.
2. **Social studies:** Economics, citizenship, Kansas history and U.S. history, as well as geography and how it relates to the child's family.
3. **Reading:** Learning to read fluently and understanding what has been read. Students dive deeper into the structure and elements of each story they read, such as setting, problem, solution and main events.
4. **Writing:** Students learn a variety of writing styles, including informational, opinion and narrative (stories).
5. **Science:** Characteristics of plants and animals; patterns of the sun, moon and earth; light and sound waves.

## Social emotional skills & behavior

Here are some of the developmental skills and phases that are typical at this age:

- First graders love to learn! They are often very excited to try new projects but can become frustrated when their own skills don't match their goals. This is a great chance for reminders that everyone has unique strengths, and practice is important for mastering new skills.
- Play is just as important as learning, and this is the perfect time to develop social skills by playing with different groups of children in a variety of situations.
- First graders begin to notice how other children feel about them. These are great times to build empathy skills of seeing the world through another person's point of view.
- Healthy choices in life are so important — and parents are the single biggest influence! Talk about the different things that can be put in a body, including medicine, vitamins, alcohol and other drugs. Remind your child that some medicines and vitamins may seem like candy, but to only take the amount that a doctor or parent provides — and never take something that they find, or that they are given by a friend or stranger.
- If your child is regularly not interested in playing with other kids, or if he or she gets upset when rigid routines aren't followed, contact us to learn about the resources available at school.



## COOL things about first grade

First graders are unique! Here are a few of the many things that make this age special...

- First grade is FULL of change! First graders grow, change and learn *so much* during the year. It's amazing!
- Typical first graders are very receptive to learning and can often be described as enthusiastic, imaginative, curious and eager. This makes STEAM projects — which bring together science, technology, engineering, arts and math — especially fun in first grade!
- Believe it or not—first graders will read by the end of the year! The more a child reads (and is read to) at home, the more natural and engaging this major learning process will be.
- Every December, Eudora first graders spend a morning at school constructing their own elaborate (and sugary!) gingerbread houses.
- First grade celebrates Dr. Seuss' birthday each year in March and takes a trip to the Topeka Zoo in the spring!

## Questions?

If you have questions, or believe your child might benefit from more support in any area of learning and growth, here are some resources:

- **Your student's teacher** is a great first checkpoint if you have questions or concerns about academic progress or experiences at school.
- **Our school principals** are a good resource if you have concerns or questions about your child that extend beyond the classroom or aren't able to be resolved with your child's teacher.
- If your student seems to be struggling with social and emotional skills or is going through a stressful time with family or friends, our **WRAP worker (mental health professional) or school counselors** can help. You can reach these professionals by calling the school office.